

9-99 / Help A Hero / Fire  
Fighter Foundation

P.O. Box 11899  
Newport Beach, CA  
92658

Money raised will help Law  
Enforcement Officers and  
First Responders with  
programs such as:

PTSD

Mental Health Awareness

Addressing suicide

When the peer team  
member needs the help

Strengthen your peer  
support team

Officers' Give Hope



## Suicide has become the number one killer among police & firefighters

Dear

Everyday law enforcement officers and first responders put themselves in harm's way to protect our community.

Suicides and Post Traumatic Stress disorder are on the rise with over 43,000 deaths and 1.2 million suicide attempts last year in our country. Law enforcement and emergency response personnel have a 20% higher suicides rate than the general public with suicide becoming the number one killer among our police officers and Firefighters.

Less than 10% of police and fire departments have the legitimate resources or monies in place to deal with behavioral health issues. That is why **the National 9-99 Police and Sheriff Foundation, NEP Firefighter Foundation, Help A Hero, and NEP** have partnered to develop a groundbreaking behavior health training seminar. They have recruited world class experts, leading scientific minds to help our heroes bring life-saving training back to their communities and the police & firefighters on the front lines.

We need your support to train our first responders and provide programs and tools that allow us to address rates of suicide and PTSD among first responders. Programs that promote mental health awareness and give relief and support to those who serve our community, making life saving differences for these heroes who risk their lives daily.

Stand beside us and be a sponsor to allow us to help facilitate and bring *life-saving training, information, and tools back to our first responders and their communities:*

- PTSD
- **Mental Health Awareness**
- **Suicide Prevention**
- **Officers' Give Hope**

Your commitment to this cause can reach out and save thousands of lives, not just for a span of days or weeks, but for a lifetime. **What you do really does make a difference**



Medical emergency help



Stress from disasters



Helping the children of our  
community

*Our first responders  
risk their lives to help others.  
The least we can do is make  
sure they have the resources  
they need.*

